

GD GOENKA EDUCATION CITY

Weekly Menu

	MON 12 Feb	TUE 13 Feb	WED. 14 Feb	THU 15 Feb	FRI 16 Feb	SAT 17 Feb	SUN 18 Feb		
B R E A K F A S T									
Cereal						Chocos	Cornflakes Mango		
Fruit	Banana	Keenu	Apple	Banana	Keenu	Mix Fruit	Cut Papaya		
Milk	Hot & cold	Hot & cold	Hot & cold	Hot & cold	Cold Coffee	Hot & cold	Hot & cold		
Bread	Wbbj*, Bbbj**	Wbbj*, Bbbj**	Wbbj*, Bbbj**	Wbbj*, Bbbj**	Wbbj*, Bbbj**	Wbbj*, Bbbj**	Wbbj*, Bbbj**		
Main Dish	Corn & Cheese Cutlet	Veg Kathi Roll	Aloo Parantha	Mutter Kulcha	Grilled Cheese S/w	Pav Bhaji	Stuffed Parantha		
Egg		Daliya	Fried Egg		Ommelete	Scrambled Egg	Ommelete (live)		
L U N C H									
Salad 1	Salad Bar	Salad Bar	Salad Bar	Salad Bar	Salad Bar	Salad Bar	Salad Bar		
Dal	Urad Dal	Dal Panchratan	Kala Channa	Samber	Dal Bukhara	Dal Punjabi	Khade Masale Ki Dal		
Veg 1	Kashmiri Dum Aloo	Paneer Korma	Gobhi Aloo	Vegetable Idli, Vada	Methi Aloo	Mix Vegetable	Jeera Aloo		
Veg/Conti.	Penne in Vegetarian Bolognese Sauce	Corn & Mushroom Cannelloni	Vegetable Lasagne	Urlai Roast	Egg Curry	Paneer Steak In Devil Sauce	Goan Vegetable Curry		
Curd/Soup	Cream Of Brocoli	Curd	Mix Vegetable Raita	Rasam	Lauki Raita	Tomato & Bell Pepper Soup	Boondi Raita		
Rice	Vegetable Pulao	Jeera Rice	Onion Pulao	Lemon Rice	South Indian Tadka Rice	Nutri Pulao	Jeera Rice		
Breads	Roti, Parantha, Jeera Bread	Roti,Parantha, Gr.Bread	Roti, Parantha, Masala Bread	Roti / Methi Roti	Roti, Parantha, Methi Bread	Roti, Parantha, Focaccia Bread	Roti, Parantha, Onion Bread		
	Pudina Chutney	Mix & Green Chilly	Tomato Chutney	Mix & Green Chilly	Mix & Green Chilly	Mix & Green Chilly	Mix & Green Chilly		
Dessert	Rasgulla		Rice Kheer		Black Forest Pastry		Imarti		
S N A C K S									
Snacks D/B	Mint Cucumber S/w	Aloo Bonda	Cheese Patties	Sugar Doughnut	Samosa				
Snacks R/B	Mint Cucumber S/w	Aloo Bonda	Cheese Patties	Sugar Doughnut	Samosa	Veg Maggi	Quesedilla		
Fruit	Apple	Grapes	Keenu	Apple	Banana	Grapes	Banana		
Refreshment	Tang Water	Nimbu Pani	Orange Glucon D	Nimbu Pani	Jaljeera	Glucon D	Mint Nimbu Pani		
D I N N E R									
Soup	Cream of Tomato	Talumin	Veg Clear Soup	Cream Of Spinach	Sweet Corn Soup	Soup	Cream of Carrot		
Salad 1	Salad Bar	Salad Bar	Salad Bar	Salad Bar	Salad Bar	Salad Bar	Salad Bar		
Salad 2	3 Bean Salad	Murmura	Russian Salad	Crispy Poha	Corn & Capsicum Salad	Creamy Macroni Salad	Arabian Tossed		
Dal	Canna Dal NoorJhan	Red Moth Dal	Arhar Dal	Lobhiya Dal	Dal Moong Masoor	Hing Dal Tadka	Dhaba Dal		
Veg 1	Haryali Gobhi	Kadhai Vegetable	Palak Paneer	Miix Veg Korma	Paneer Roll	Shahi Nadru Kofta	Paneer Do Pyaza		
Veg/Conti.	Tawa Vegetable (live)	Maxican Rice (live)		Mangolian Tawa (Live)	Louki Masala	Pasta Butter Corn (live)			
Non.Veg.		Vegetable Moussaka	Fried Chicken		Chicken Roll		Mutton Curry		
Rice	Plain Rice	Steamed Rice	Plain Rice	Jeera Rice	Plain Rice	Masala Pulao	Navratan Pulao		

Breads	Roti, Parantha, Herbs Bread	Roti, Prantha, Garlic Bread	Roti, Prantha, Soft Rolls	Roti, Prantha, Rolls, Bread Sticks	Roti, Prantha, Focassia Bread	Roti, Prantha, Masala Bread	Roti, Prantha, Bread rolls		
	Mix & Green Chilli	Pudina Chutney	Mix & Green Chilli	Saunth	Vinigar Onion	Mix & Green Chilli	Vinigar Onion		
Dessert	Swiss Roll	Gulab Jamun	Jalebi	Chum Chum	Fruit Gateaux	Rasmalai	Coconut Ladoo		
	*** Menu Subject to								
Wbbj*	Jam								
Bbbj**	Jam								