

# GD GOENKA EDUCATION CITY

## Weekly Menu

	MON 17 Apr	TUE 18 Apr	WED. 19 Apr	THU 20 Apr	FRI 21 Apr	SAT 22 Apr	SUN 23 Apr
<b>B R E A K F A S T</b>							
<b>Cereal</b>		Plain Cornflakes		Plain Cornflakes		Chocos	Strawberry Cornflakes
<b>Fruit</b>	Mix fruit	Banana	Cut Papaya	Mix fruit	Banana	Mix Fruit	Cut Papaya
<b>Milk</b>	Hot & Cold	Hot & cold	Hot & cold	Hot & cold	Cold Coffee	Hot & cold	Hot & cold
<b>Bread</b>	Wbbj*, Bbbj**	Wbbj*, Bbbj**	Wbbj*, Bbbj**	Wbbj*, Bbbj**	Wbbj*, Bbbj**	Wbbj*, Bbbj**	Wbbj*, Bbbj**
<b>Main Dish</b>	Mix Parantha	n Bread Gr. Potato	Pav Bhaji	n & Cheese Croqu	Gr. Cheese S/w	Chole Bhature	Amritsari Kulcha
<b>Egg</b>	Egg Bhurji		Fried Egg		Omelette	Masala Egg	Omelette (live)
<b>L U N C H</b>							
<b>Salad 1</b>	Salad Bar	Salad Bar	Salad Bar	Salad Bar	Salad Bar	Salad Bar	Salad Bar
<b>Dal</b>	Choley	Veg Manchurian	Rajma Masala	Kadi Pakora	Dal Urad Channa	Dal Haryali	Dal Makhani
<b>Veg 1</b>	Gobhi Mutter	Chilly Potato	Lauki Masala	Kathal Masala	Soya Aloo Mutter	Paneer Mutter	Nadru Kofta Curry
<b>Veg/Conti.</b>	Green Thai Curry	Veg Hakka Noodles	Italian Stew	& Mushroom Floreat Pasta in Pesto		Beans Aloo	Veg Jalfrezi
<b>Curd/Soup</b>	Lemonade	Veg Clear Soup	Kheera Raita	Lemonade	Masala Chach	Curd	Sweet & Salted Lassi
<b>Rice</b>	Plain Rice	Butter Corn Rice	Masala Pulao	Plain Rice	Bell Pepper Rice	Steam Rice	Veg Pulao
<b>Breads</b>	Roti,Parantha, Msl Bread	Roti, Dal Fry	Roti,Parantha, Cheese Toast	Masala Roti, Parantha, Bread	Roti,Parantha, Msl Bread	Roti,Parantha, Gr. Bread	Roti,Parantha Focaccia
	Mix & Tomato Chutn	Mix & Hot Gr. Sc.	ix & Green Chutnex	& Garlic Red Chix	& Tomato Chutn	Mix & Mint Chutney	Mix & Green Chilly
<b>Dessert</b>	Vermcilli Kheer	Ice Cream	Choc Mouse	Granola Bar	Phirni	Besan Ladoo	Frozen Yogurt
<b>S N A C K S</b>							
<b>Snacks D/B</b>	Choc. Muffins	Cheese Straw	Black Grapes	innamon Doughnu	Apple		
<b>Snacks R/B</b>	Choc. Muffins	Cheese Straw	Bread Pakora	innamon Doughnu	Tortilla Rolls	Delhi 6	Veg S/W (Live)
<b>Fruit</b>	Apple	Banana	Black Grapes	Orange	Apple	Banana	Black Grapes
<b>Refreshment</b>	Tang	Lemonade	Glucon D	Shikanji	Tang	Lemonade	Glucon D
<b>D I N N E R</b>							

<b>Soup</b>	Hot n Sour	Brown Onion Soup	Manchaow	Dal Shorba	Veg Creamy Soup	Tomato Basil Soup	Corn Soup With Zucchini
<b>Salad 1</b>	Salad Bar	Salad Bar	Salad Bar	Salad Bar	Salad Bar	Salad Bar	Salad Bar
<b>Salad 2</b>	on & Bellpepper Sa	Ceaser	Sprout	Crunchy Poha	Maxican Salad	Aloo Chat	Carrot & Raisin Salad
<b>Dal</b>	Black Massor	Green Moong Dal	Dal Noor Mahal	Dal Makhani	Malka Massor Dal	Dhaba Dal	Mix Dal
<b>Veg 1</b>	Veg Kofta Curry	Shahi Subj Korma	Malai Paneer	Aloo Hara Pyaj	Paneer Bhurji	Gobhi Musallam	Palak Paneer
<b>Veg/Conti.</b>	Tawa Veg (live)	Veg Macroni (live)		Maxican Rice (live)	Dancing wok (Live)		
<b>Non.Veg.</b>			Chicken Biryani		Tandoori Chicken		Murg Masala
<b>Rice</b>	Plain Rice	Steam Rice	Veg & Soya Biryani	Rice	Subj Pulao	Jeera Rice	Plain Rice
<b>Breads</b>	Roti,Parantha, Bread roll	Roti,Parantha, Gr.Bread	Roti,Parantha, Masala Bread	Parantha, Methi B	Roti,Parantha, Bread roll	ti,Parantha, Hard r	Td. Roti Naan, Gr.Bread
	Mix & Tomato Chutn	Mix& Green Chilly	Mix & Burani Raita	& Garlic Red Chi	Mix & Mint Chutney	Mix & Green Chilly	Mix& Green Chilly
<b>Dessert</b>	Gui Cake	Bikaneri E	Fruit Cream	Chenna Rabari	Pineapple Pastry	Ice Cream	Apple Pie
<b>*** Menu Subject to change according to the availability of seasonal vegetable &amp; raw material</b>							
<b>Wbbj*</b>	White Bread Butter Jam						
<b>Bbbj**</b>	Brown Bread Butter Jam						