

GD Goenka Education City

WEEKLY FOOD MENU

	MON 16 Jan	TUE 17 Jan	WED. 18 Jan	THU 19 Jan	FRI 20 Jan	SAT 21 Jan	SUN 22 Jan
B R E A K F A S T							
Cereal		Plain Cornflakes		Plain Cornflakes		Chocos	Cornflakes Mango
Fruit	Cut Papaya	Banana	Mix Fruit	Cut Papaya	Keenu	Mix Fruit	Cut Papaya
Milk	Hot & cold	Hot & cold	Hot & Cold	Hot & cold	Hot Choc. Milk	Hot & cold	Hot & cold
Bread	Wbbj*, Bbbj**	Wbbj*, Bbbj**	Wbbj*, Bbbj**	Wbbj*, Bbbj**	Wbbj*, Bbbj**	Wbbj*, Bbbj**	Wbbj*, Bbbj**
Main Dish	Veg Corn Cutlet	Idly Sambher	Gobhi Parantha	Paneer Wrap	Veg. Grilled S/w	Chole Bhature	Pav Bhaji
Egg	Fried Egg		Egg Bhurji		Ommelete	Egg Bhurji	Ommelete (Live)
L U N C H							
Salad 1	Salad bar	Salad bar	Salad bar	Salad bar	Salad bar	Salad bar	Salad bar
Dal	Rajma	Choley Amritsari	Dal LMD	Kadhi Pakora	Arhar Dal	Moong Masoor	Dal Makhani
Veg 1	Methi Aloo	Gobhi Masala	Gajar Mutter	French Beans Aloo	Lauki Kofta	Paneer Mutter	Paneer Butter Masala
Veg/Conti.	Mushroom Florntine	Butter Veg.	Veg Macroni	Egg Curry	Veg. Pasta	Spaghetti Bolognese	Mix Veg
Curd	Curd	Mix Raita	Curd	Kheera Raita	Aloo Raita	Jeera Raita	Plain curd
Rice	Rice	Steam Rice	Dhaniya Rice	Steam Rice	Rice	Steam Rice	Rice
Breads	Roti,Parantha,Msl.Bread	Roti,Parantha,Gr.Bread	Roti,Parantha,Bread	Roti,Parantha,Gr.Bread	Roti,Parantha,Msl.bread	Roti,Parantha,Gr.Bread	Td.Roti Naan,Bread
	Mix & Green Chutney	Mix & Green Chilly	Mix & Tomato Chutney	Mix & Green Chilly	Mix & Green Chilly	Mix & Green Chilly	Mix & Tomato Chutney
Dessert	Wheat Orange Cake	Fruit Custard	Banana Muffin	Bulgur Wheat Kheer	Swiss Roll	Vermicelli Kheer	Cream
S N A C K S							
Snacks D/B	Brown Bread S/w	Fruit Cake Slice	Wheat Oats Cookies	Veg Burger	Veg. Patties		
Snacks R/B	Brown Bread S/w	Fruit Cake Slice	Wheat Oats Cookies	Veg Burger	Veg. Patties	Stuffed Pita With Hummus	Veg Sub S/w (live)
Fruit	Banana	Kennu	Apple	Guava	Apple	Fruit Chat	Banana
Refreshment	Tang Water	Nimbu Pani	Orange Glucon D	Nimbu Pani	Jaljeera	Glucon D	Mint Nimbu Pani
D I N N E R							
Soup	Veg Clear Soup	Sweet Corn	Hot n Sour	Manchow Soup	Cream of Carrot	Tomato Sorba	Noodles Soup
Salad 1	Salad Bar	Salad Bar	Salad Bar	Salad Bar	Salad Bar	Salad Bar	Salad Bar
Salad 2	Corn salad	Aloo chana chat	Murmura Salad	Tossed Salad	Poha Salad	Waldrof	Beetroot
Dal	Dal Massor	Red Lobhiya	Dal Tadka	Moong Dal	Moth Dal	Dal Palak	White Lobhiya
Veg 1	Shubnam Curry	Sam Savera	Palak Paneer	Mix Veg Jalfrezi	Paneer Bhurji	Kadhai Mushroom	Saag
Veg/Conti.	(live)	Mexican Rice (Live)	Veg Lasgne	MangolianTawa (Live)	With Beans	Veg Pasta (Live)	Veg Musaka
Non.Veg.			Chicken Curry		Mutton Masala		Murg Rara
Rice	Rice	Onion Rice	Rice	Jeera Rice	Plain Rice	Masala Pulao	Plain Rice
Breads	roll	Gr.Bread	Td. Roti,Naan,Bread	Roll	Naan,Bread	Stick	Roti,Bread
	Mix & Green Chutney	Chilly	Mix & Tomato Chutney	Mix& Green Chilly	Chutney	Chilly	White Butter, Jaggery
Dessert	Gajar Halwa	Gui Cake	Lemon Cheese Cake	Mango Yoghurt	Phirni	Black Forest Pastry	Sweet Potato Halwa
	*** Menu Subject to						
Wbbj*	Jam						
Bbbj**	Jam						