

# VIN-VIEWS, IDEAS & NEWS

*An expression of the aspirations of young Goenkans*



## Musings..

**By Dr. Neeta Bali Director-Principal**

*"A journey of a thousand miles begins with a single step" - Lao Tzu*

*When a learner struggles, it is critical for a caring adult to step in to provide guidance and support so that the child does not become discouraged.*

*Developing targeted goals and designing meaningful intervention so that the child feels success. These small successes breed increased efforts which lead to further success. Our skilled and devoted teachers and staff are*

*already planning and preparing for another year. The month of April marks the beginning to the end of the year. And so, all signs point to another incredible and productive school year.*



## WHAT'S IN THIS MONTH'S ISSUE:

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# THE WEBINAR - 'DECODING STRESS'

GD Goenka Teacher Fraternity was enlightened on Saturday i.e. 26th of March, 2022 by esteemed guests, on DECODING STRESS-Webinar

Speakers:  
 • Dr. Shraboni Bhattacharya D'souza, a renowned Mental Health Professional and Psychologist.  
 • Ms. Harpreet Randhawa- Founder- Director Vinspire, Director Committee Member of Punjabi Chamber of Commerce.  
 The Learning(s) for the teacher fraternity was manifold that day. Dr. Shraboni Bhattacharya D'Souza shared her insight on RET which is 'Rational Emotive Therapy' which is a type of cognitive Behavioral therapy (CBT)-An action-oriented approach that's focused on helping people how to manage

emotions, thoughts, and behaviours in a healthier and more realistic way. She also apprised us with ABC Model where A is the 'Activating Event', B is the Behavioural Response and C is the Consequence or the outcome. Ms. Harpreet Randhawa gave us some Life Learnings of 'Counting on our blessings' along with 'Training of the Mind'. The Webinar was initiated by Dr. Neeta Bali's question on 'How do we come to know that a person is experiencing some sort of stress?' The other questions raised by Dr. Bali were: 'How Important Is Venting Out?' The questions were beautifully answered by both the experts and gave our teachers some solace in managing the turbulence that they all are facing

because of the pandemic, Online Teaching and otherwise. Our teachers poured their hearts out AND THE SESSION WAS TRULY CATHARTIC for ALL of them. It did give our team the much required healing and repaired and rejuvenated them to come out with their conflicts confidently and gracefully.



**Webinar**  
**Decoding Stress!**

JOIN US ON ZOOM

MEETING ID: 97817786090  
 PASSCODE: 5V5QAK

26 March, 2022  
 Start 12:30 - 01:30 PM

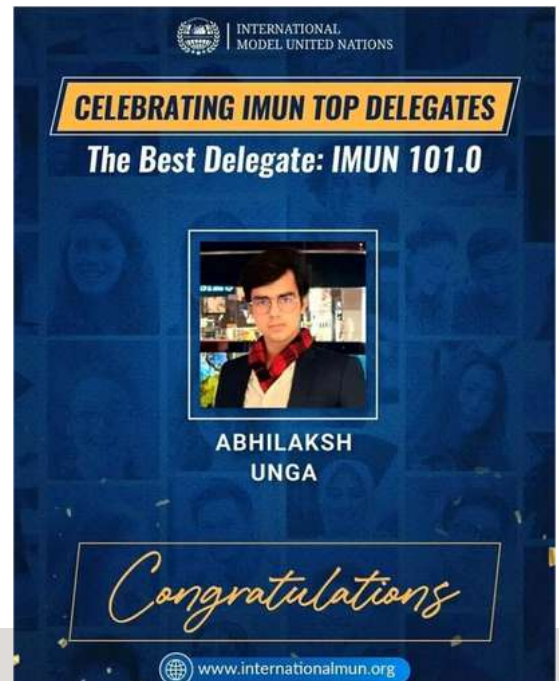
**DR. SHRABONI BHATTACHARYA D'SOUZA**  
 Mental Health Professional and Psychologist

**MS. HARPREET RANDHAWA**  
 Founder- Director, Vinspire, Director Committee Member of Punjabi Chamber of Commerce

For More Info  
 9873295596  
 Ms. Divya Sachdeva, Psychology Teacher - GDGWS

# THE MUN CORNER

GDGWS is pleased to share that internationally recognized MUNer and current high official of Goenka World MUN, Abhilaksh, recently participated and won the Best Delegate award in UNGA at International MUN 101 edition, one of the most renowned MUNs across the globe. He represented the Kingdom of Bhutan and guided the committee till the very end! Abhilaksh was appreciated for educating his peers on the basics of MUN and building constructive arguments on the Russia-Ukraine situation while providing long term solutions to the problem. For these reasons being, he authored a Draft Resolution which passed with extreme majority with no votes against and no abstention from delegates around the world. During his short remarks to the committee he highlighted that "role of a diplomat is as much as of a soldier



fighting in the war" further adding that "International community has to serve International community for the sake of international community"! Great job and best of luck ahead!



# Brainobrain Competition

GDGWS is proud to announce that Pavit Singh Chhabra and Aiyat Bhatia from IB-PYP participated in Brainobrainfest Interstate, Regional, and International Online Abacus Competition where the participants were asked to solve 30 to 40 sums for addition and subtraction in 3-4 minutes, and have bagged awards for the same!

Congratulations Pavit, for winning the Gold in the Interstate Brainobrain Competition & International Brainobrainfest Competition and Aiyat for bagging the Championship Trophy in the International Brainobrainfest Competition!



Participant's Name	: SHAURYA LATHWAL
Olympiad	: International Olympiad of Science
Class	: 005
Enrollment No.	: S10430005806
Raw Score	: 100
Total Marks	: 100
Medal	: Medal of Excellence-Gold (Olympiad Topper)
Class Rank	: 1
State Rank	: 1
Zonal Rank	: 1
Olympiad Rank	: 1

[Download Gift Certificate](#)

You are sharing/tied the Olympiad Rank with 233 students. The students who are sharing the Olympiad rank with less than you are 0.

# Olympiad Achiever!

GDGWS is proud to announce that Shaurya Lathwal (Grade-5) has topped the International Olympiad Of Science and secured the Medal of Excellence-Gold. iOS is an annual examination of competency in Science that is based on the syllabus provided by CBSE/ICSE and other State Boards. Aside from the syllabus, a portion of the exam paper is focused on Applied Science. Based on the ICSE, CBSE, and State board syllabuses, the International Olympiad Of Science provides a solid foundation for school children to thrive in science. This event has captivated the curiosity of our next generation. Keep it up Shaurya!



**GD GOENKA WORLD SCHOOL**

Dear Friends,  
Let's get together to bid adieu to our colleagues who are leaving for new opportunities and wish them the very best

**25 March'2022 at 12:30 pm**  
Venue: Assembly hall, GDGWS  
All GDGWS staff are cordially invited

Colleagues we are saying Good bye to  
Shahnaz Banoo Butt, Madhu Nangia, Naina Vaish, Rajni Shukla, Geetanjali Yadav, Sanjana Dhiman, Monica Thakran



GDGWS bid adieu to colleagues leaving for new opportunities and wished them the very best!

Goodbye to:-

- DHM- Ms. Shahnaz Banoo Butt
- Ms. Naina Vaish- Head of Curriculum Administration, Physics Teacher, SAT Coordinator
- Ms. Rajni Shukla- Environment system society & Biology Teacher
- Ms. Sanjana Dhiman- PYP Teacher (Hindi) and
- Ms. Geetanjali Yadav- English Teacher
- Madhu Nangia - DHOP - PYP Teacher
- Monica Thakran - French Teacher

"Thank you for all your hard work over many years; it has helped make this school successful. Wishing you success on your new adventure! We are sorry to see you go, and hope that we will meet again."

# HT Talent Hunt

GDGWS and Hindustan Times congratulates Allen Jordan Jayasingh (Grade-3B) for participating in HT Talent Hunt-2021 and WINNING 1st Prize (Category Write-up)  
Way to go Allen! We are proud of you!



# Raman Young Science Awards (RYSA)

Anusha Neogi, of grade 8, was selected for the final rounds of the RYSA, along with 93 other participants. The finals were challenging and invigorating - within 2 hours she prepared a model showing the consequences of having constricted airways which was related to life processes in animals focusing on the respiratory system, circulatory system and digestive system categories. We are proud of our young Goenkan; shine on Anusha!



Anusha Neogi





**EDUCATION THAT UPLIFTS...**

**Shashwat Sinha, of grade 6, is officially a software developer! His passion and love for coding has not only propelled him to the pinnacle of success but has also helped him develop problem solving skills and computational thinking.**

**Way to go, GDGWS is proud of you!**



**Riddhima Lavanya has a versatile personality. She excels in every aspect of her Grade 8 journey, but most importantly she is a singing star! Music has always been a huge passion in her life and she has won many laurels in music - gaining a certification of completing a music production course with G D Goenka University!**

**Congratulations Riddhima!**

**CRICKETER IN THE MAKING!**



*Prince Yadav, our budding cricketer of Grade 7, is an exceptional all-rounder right-hand batsman. His passion for cricket started at a very early age and he has played many tournaments winning titles such as "man of match" and "fighter of the match". Prince's zeal for cricket and our school's commitment to supporting his dreams, together, will surely provide him every opportunity to fly higher. Way to go!*



After a series of exchange of dialogues, the Russian army mobilized in Ukraine territory and opened fronts of a full fledged war. Since then, the situation has been getting worse and worse. Millions of refugees are coming from Ukraine and this has created the biggest humanitarian crisis in Europe. World leaders on several occasions have condemned the actions of Russia and a series of United Nations emergency meetings have been held along with bilateral peace talks, but there is no concrete solution as of yet and Ukraine is facing the wrath of the Russian army with each passing day. NATO and several countries offered their support to the Ukrainian government in terms of fighters, arms etc. but no country is directly participating in combat with Russia mindful that it may lead to World War III. The world seems to be divided in two halves and yet the innocent human lives are falling in between. Let's stop the WAR and rebuild what's being destroyed for it is our very own planet earth!" - Abhilaksh, IBDP Y1

On behalf of GD Goenka World MUN, Former Director General and current high official, Abhilaksh expressed his concerns over the ongoing conflict of Russia and Ukraine.

"As the global community is facing yet another catastrophe in the form of war, the world is preparing for a new order. War has never been the solution to a problem, but rather fuel to fire. The younger generation especially, has the capability to drive the future that lies ahead.



UPCOMING EVENTS

- New session begins-Whole school assembly
- AS&A level June series board exam
- IBDP board exam for batch of 2022
- 30th April – Silver Fiesta 2022

*In Memoriam*

We pay homage to the true cricketing genius and one of the greatest spin bowlers, Shane Warne. May his soul rest in peace...



**Shane Warne**  
Australian cricketer

*King of Spin*  
1969-2022



Designed by

The office of Director-Principal

Compiled and Collated by

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