



Cambridge International School





## VIN-Views, Ideas & News

AN EXPRESSION OF THE ASPIRATIONS OF YOUNG GOENKANS



# Musings...

By Mrs Sonali Sinha Principal of G.D. Goenka World School

Dear Parents and Students,

As we contemplate the achievements of the first two months of the year, let's channel that momentum into the rest of the year. The past month has been a chapter of potential and growth, and I commend our dedicated students and staff for their efforts.

Let's persist in nurturing a culture of learning, innovation, and collaboration.

With enthusiasm, resilience, and a commitment to surpass our accomplishments, let's make every day count. Together, we can ensure that 2024 becomes a year filled with remarkable achievements.



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## PDP SESSIONS

### SESSION ON EFFECTIVE PLANNING

The professional development program at GDGWS aims to enhance skills, update knowledge, foster continuous learning, improve job performance, and promote career advancement.



Ms. Neeti Sharma, COD Humanities IBDP, conducted a highly informative session on equipping teachers with the skills and knowledge to create effective unit plans and lesson plans. During the session, participants were expertly guided through the intricate process of crafting unit

plans, providing a comprehensive framework for an entire instructional period. Educators gained insights into key aspects, such as the distinction between a course outline and a unit plan, the primary purpose of a lesson plan, its significance in the teaching process,



and the essential components of a unit plan. Ms. Sharma emphasized the critical importance of reflection within a lesson plan, highlighting the need for uniqueness and challenge to foster meaningful learning experiences.

#### AN INSIGHTFUL SESSION ON ACADEMIC INTEGRITY

An informative and enlightening session on "Academic Integrity" and "Uploading on Ibis" was conducted by Dr. Manisha Mehta. The session aimed to educate participants on the importance of maintaining academic integrity, understanding plagiarism, and fostering a culture of honesty and integrity within educational institutions. Dr. Manisha commenced the session by providing a comprehensive overview of academic integrity, emphasizing its role in promoting fairness, trust, and credibility within IB.

Dr. Mehta delved into the nuances of plagiarism, discussing various forms such as copying, paraphrasing without proper citation, and contract cheating. Practical strategies to prevent plagiarism were discussed, including the use of Turnitin and how it can be employed to detect language written with the help of AI. The session was highly informative and thought-provoking.

#### TECHNOLOGY INTEGRATION IN CLASSROOMS





Ms. Pallavi Chugh led an effective and engaging session on integrating technology into the classroom on the second day of the PDP session. The focus was on utilizing Nearpod, an interactive app-based digital tool designed to facilitate student engagement and learning.

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The aim was to empower teachers with innovative strategies for enhancing engagement, fostering collaboration, and elevating the overall learning experience through the effective integration of this digital tool.



# REJUVENATING BODY AND MIND



An exciting session on Facial Yoga, hosted by our Sports Department at GDGWS, empowered our staff's personal development. The teachers discovered the rejuvenating benefits and embraced a holistic approach to self-care.



Newsletter

# To new beginnings with a positive start!



As we step into 2024, let's embrace the opportunity to create lasting memories, conquer challenges, and achieve greatness together! Here's to making the most of every moment on this exciting journey!

This year, our focus is on setting inspiring New Year's resolutions. Let's encourage personal growth and academic success as we embark on this journey together!



An exhilarating beginning marked the start as Grade 6B students delved into thoughtful discussions about the festivals of Lohri and Makar Sankranti on the school reopening day.

Expressing profound insights, they deliberated on transformative habits to consign to the flames, fostering positive change.

From conquering anger to overcoming fears and curtailing screen time, their resolute commitment echoes in the determination to witness these habits turn to ashes, ultimately kindling an inner strength akin to the flames of fire.





Newsletter

JANUARY -FEBRUARY 2024

# SIMPLIFYING THE ACCESS TO HEALTHCARE



The GD Goenka Interact Club conducted a Menstrual Hygiene Drive at the Dream Girl Foundation on January 9, 2024.

Our primary goal was to empower girls aged 12 to 15 by providing essential information about the menstrual cycle, dispelling misconceptions, and fostering a positive approach to menstrual health.



Through an insightful presentation, our aim was to break barriers and eliminate stigmas associated with periods. As part of our initiative, we distributed sanitary pads to ensure the continued safety and comfort of the girls.

We extend our heartfelt gratitude to everyone who supported us in making a meaningful impact on these young lives.







### DANGING WITH THE WORDS

#### A LITERARY SOIREE

Grade XI students immersed themselves in a two-day creative writing workshop tailored for high school students in India. Hosted by the College of Arts and Sciences at Indiana University Bloomington in collaboration with IU India Gateway, the workshop aimed to elevate students' creative writing skills.

The main objective of the workshop was to help students improve their creative writing skills by focusing on areas such as creative expressions, sensory details, effective writing techniques, and imagination stimulation exercises. Additionally, students had the opportunity to share their writing experiences.



As they shared their writing experiences, students—Mehak Khatter, Prathisha Sinha, Abhimanyu Selot, Aanvi Thapa, and Binithi Ruhunage—forged meaningful connections and refined their craft. Embark on this memorable literary exploration with our Goenkans!

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# Patriotic Spirit at Republic Day Celebrations





The Republic Day assembly unfolded as a vibrant tapestry of talent and unity! Principal Mrs. Sonali Sinha unfurled the flag, marking the commencement of an event that artfully showcased the rich heritage of our nation through eloquent speeches, captivating dances, and a spellbinding choir presentation.

The invigorating quiz seamlessly brought students together, nurturing both knowledge and a profound sense of pride. Let's persist in celebrating our diverse culture and stand united as one!





### Unlocking Potential: Personalized Growth through Assessments & Psychometric Insights

Recognizing the uniqueness of each child, it is imperative to understand and unlock their full potential. GD Goenka World School, in partnership with ICS, is dedicated to ensuring that every student makes well-informed decisions based on insights gained from psychometric tests. This customized approach prioritizes individual growth and development.

Recently, Grade VIII and X students underwent transformative assessments, including career identification and subject aptitude tests. Parents praised the sessions as highly beneficial. The journey involved exploring interests, intelligences, and strengths, aligning seamlessly with academic pursuits. Personalized counseling thoroughly analyzed core aptitudes, aiding students in formulating tailored educational and career plans.









#### **Empowering Future Leaders:**

#### International Students Gain Insights from Prof. Dr. Ugur Guven

Our international students spanning IBPYP, CLS, IGCSE, and IBDP segments had an insightful meeting with Prof. Dr. Ugur Guven, Director of International Affairs at GD Goenka University. He generously shared valuable insights and guidance. It was a golden opportunity for students to tap into his expertise in shaping their future studies and careers on a global scale.





### STUDENTS' VISION SCREENING CAMP









We are delighted to share an update on the recently concluded Students' Vision Screening Camp organized by the Department of Optometry, School of Medical & Allied Sciences Faculty at GD Goenka University.

Key Highlights of the Camp:

- Free Comprehensive Vision Testing
- Expert Guidance from Seasoned Eye Care Professionals
- Aimed at Achieving Optimal Vision for Unmatched Academic Success

The camp, which took place from January 25th to February 1st, 2024, was successfully hosted at the School Infirmary. This event provided a valuable opportunity for all our students, from Nursery to Grade 12, to

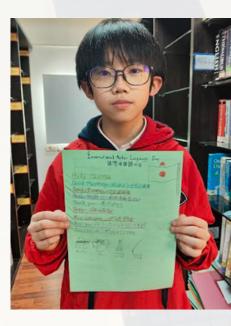
from Nursery to Grade 12, to undergo comprehensive vision examinations conducted by our proficient eye care professionals, ensuring their vision is at its best for academic success.

#### **CELEBRATION OF LANGUAGE DIVERSITY!**

International Mother Language Day is celebrated every year on 21st February. The main purpose of celebrating this day is to raise awareness about linguistic and cultural diversity. To commemorate this day, students enthusiastically participated in library classes, presenting insightful displays that highlighted the significance and distinctiveness of their respective mother tongues.

CLS students celebrated International Mother Language Day by creating multilingual posters, showcasing the beauty and importance of various languages from around the world. These vibrant displays not only highlighted linguistic diversity but also promoted cultural appreciation and understanding among peers.









# ROTARY CLUB INTERACTION HIGHLIGHTS

Our recent interaction with seventeen Rotary Club members from the US, including PDG Nancy Barbee and PDG Joanne Schilling (Australia), was noteworthy. On February 2nd, we not only showcased our Interact Club's unwavering commitment to community service but also provided a platform for dynamic engagement.









The Q&A session with seasoned Rotary Club members has proven instrumental in enhancing our club's functionality, fostering collaboration, and aligning our shared aspirations.

The global perspective gained inspires us to set loftier goals in community service.





## ANNUAL DAY 2023-24: A GALA EVENT



IBPYP & CLS Annual Day - Joie de Vivre was a dazzling celebration of talent and creativity! In the esteemed presence of Mrs. Renu Goenka, Vice Chairperson, Mrs. Radhika Goenka, Executive Director, Chief Guest Mrigdeep Singh Lamba (an Indian film director, writer, producer), and Principal Mrs. Sonali Sinha, the event commenced with the radiant lighting of the lamp.

















The evening unfolded with the magical and enchanting spectacle of the gala production, 'Mary Poppins.' Captivating performances by the 'Melodious Rendition' choir and the 'Instrumental Rhapsody' band stole the spotlight, showcasing their versatility from classical to contemporary pieces.





# 33 STUDENTS' VOICES 99

#### PLASTIC - A MENACE

#### -- VEDANT PANDEY (7A)

In the 21st century, plastic pollution is a global issue that affects the entire world. The environmental and medical problems caused by plastic are widespread, yet its integration into human society has been so deeply rooted that a simple ban may not be a viable solution. Many people advocate for the straightforward approach of "Just ban plastic!" without considering the challenges that may arise from such an action. As responsible citizens of Earth, we must act promptly and thoughtfully before it is too late.

To make an informed decision, it is crucial to understand both the positive and negative aspects of plastic. Let's begin by examining the benefits. Plastic, as a solid material, is inexpensive, easily printable and mouldable, and possesses considerable strength. It has become an indispensable part of our lives, with many items such as toys, bottles, packaging, bags, and more predominantly made of plastic. Plastic also excels at protecting items from external contamination, such as moisture or germs. For instance, plastic-wrapped food, like raw meat and fish, can last up to 15 days longer, resulting in reduced food waste and a smaller carbon footprint. Additionally, plastic's lightweight nature contributes to lower carbon emissions during transportation. No alternative material currently exists that can fully replace plastic.

However, the use of plastic also comes with significant consequences. To begin with, plastic is non-biodegradable, taking about 500 years to break down completely. Moreover, plastic pollution is rampant in natural habitats worldwide, causing the death of millions of animals annually. Well-known cases involve sea creatures like turtles and dolphins getting entangled in plastic fishing nets, leading to a slow and agonizing death. Fish mistakenly ingest small pieces of plastic, resulting in choking and, ultimately, death. Beyond wildlife, humans are also affected by plastic, with many people contracting diseases and conditions, including cancer, as a result of exposure to plastics.

Furthermore, plastic production has a substantial carbon footprint. The creation of just 1 kilogram of plastic releases a staggering 6 kilograms of carbon dioxide into the atmosphere. This extensive carbon dioxide output poses a threat to the goal of maintaining the global temperature rise at less than 1.5°C. Continued use of plastic in this manner could render our Earth uninhabitable if not addressed promptly.

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So, what can we do? Well, there are a few solutions. One very popular suggestion is to completely ban plastic, as previously explained. Another proposed solution is the Ocean Cleanup, a widely supported initiative that is already in progress. Although it is a feasible option, it may not entirely solve the problem, but it should still be considered. Some suggest throwing our trash into space; however, this won't work because space debris in Earth's orbit interferes with satellites and the International Space Station (ISS). Additionally, rocket launches are exorbitant, and given the amount of trash we have, it won't be a viable solution.

Many people advocate for planting trees to convert the carbon dioxide emitted into oxygen, offering a great solution for the carbon emissions resulting from plastic. Finally, there is hope in bioplastics! This eco-friendly alternative is made from renewable resources, significantly reducing emissions compared to fossil fuels. Bioplastics save energy during production and have a minimal impact on the well-being of living beings. They can help reduce reliance on fossil fuels, which is the primary cause of global warming today. With advancements in technology, bioplastics could eventually replace traditional plastics in the future.

What's the final plan? Here's what can be concluded. The unnecessary use of plastic should be prohibited and replaced with bioplastics and paper. Ocean cleanup efforts should be continued and supported by organizations, corporations, and world powers. The focus should be on growing trees, and deforestation should be avoided unless absolutely necessary. Significant investment in research on bioplastics is crucial until a viable alternative that can completely replace plastic is developed. Then, gradually phase out artificial plastics and replace them with bioplastics. It's a challenging task, but it must be undertaken.

In conclusion, while plastics offer many benefits, they come with significant repercussions that are detrimental to the Earth and its inhabitants. Initiatives such as ocean cleanup, mass tree planting, and the development of bioplastics should be pursued. Unnecessary plastic use should be prohibited, gradually replacing all plastics with bioplastics to create a healthier Earth. It will take time, but it is essential to ensure a safe environment and home for all species on planet Earth.

# Artwork



Diya, Grade-8



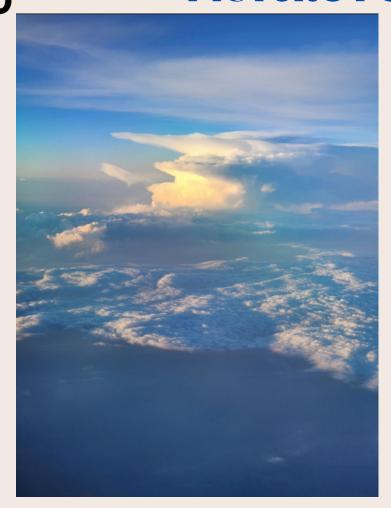


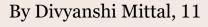
Unnati, Grade-8

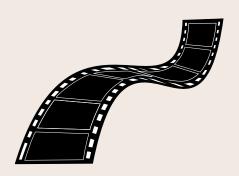


Nayuta, Grade-7

### PIGTURE PERFEGT

















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Grade- 11 IBDP Grade- 11 IBDP

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